



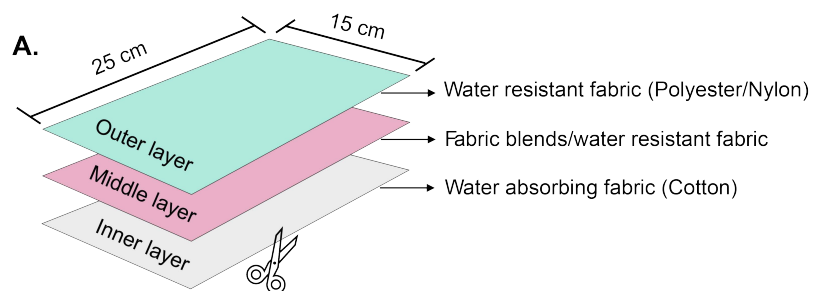
Design and preparation of cloth masks

To make this cloth mask you will need:

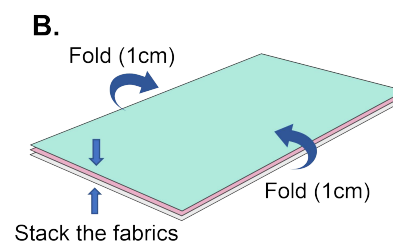
- 1 x piece (25cm x 15cm) of water-resistant fabric (polyester/nylon)
- 1 x piece (25cm x 15cm) of fabric blends fabric (cotton polyesters mixture)
- 1 x piece (25cm x 15cm) of water absorbing fabric (cotton)
- 2 x pieces (15cm each) of elastic

Steps

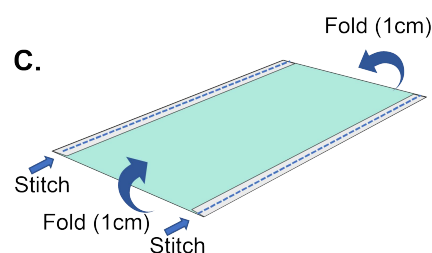
- A. Cut out three 25 cm × 15 cm rectangles of cotton fabric, fabric blends (cotton polyesters mixture), and polyester fabric for inner layer, middle layer, and outer layer respectively.**



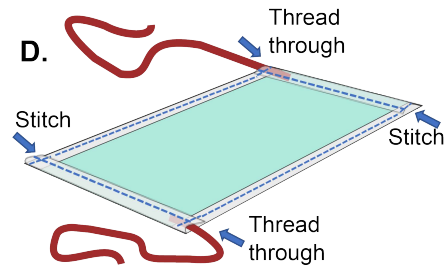
- B. Stack the three rectangles (like a single piece of fabric) according to the order mentioned in point A. Then fold over the edge of the fabric on the long side to create a seam of 1 cm.**



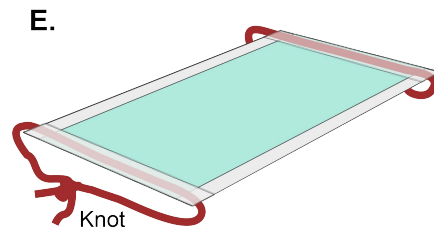
- C. Stitch down the folded long side and then fold the edge of the short side over to create a 1 cm seam.**



D. Stitch down the folded short side and run a 15 cm long elastic (or elastic head bands) through the hem on each short side of the mask to prepare the ear loops.

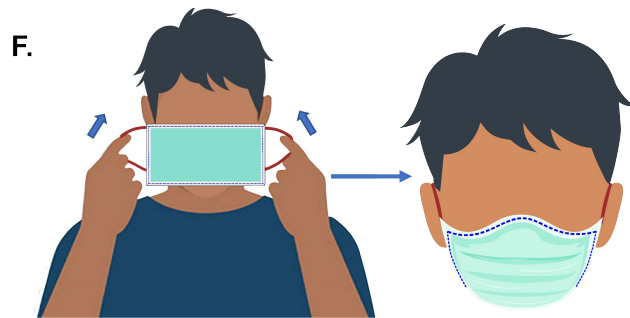


E. Knot the elastic ends tightly.

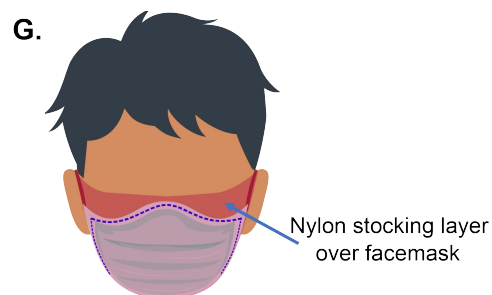


F. Wear the mask carefully so that the mask fits your face.

While wearing the mask do not touch the outer layer.



G. If you want to improve the fit of your mask you can add a nylon stocking over the mask and tie it at the back of your head.



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